



Opportunity for **nursing home workers and long-term care aides**:

Would you like to talk to peers about the challenges of your work?

MASStrong is a new program offering online group support sessions to health care workers like you in Massachusetts. All you need is a phone or computer to join on Zoom.

Participants can receive up to \$180 in gifts cards. Here's how:

- [Sign up](#)
- Participate in 3 confidential groups
- Complete a survey after each group session

The surveys will help us improve this program for health care workers like you.

Groups begin in November 2022 and run until December 2022, with the option to choose morning, afternoon or evening meeting times.

To sign up, [click here](#)

or scan QR code below using mobile phone camera.



**BETSY
LEHMAN
CENTER**
for Patient Safety



MASStrong is a collaboration between Group Peer Support (GPS) and the Betsy Lehman Center for Patient Safety. For more information, call **413-570-0862**, or email info@groupeersupport.org.